

Beyond120 Fall 2025

Professional Development Coursework

These courses focus on different aspects of professional development and are available to all students with a major in the College of Liberal Arts and Sciences.

SLS1409 - Professional Pathways in the Liberal Arts and Sciences

Class # 18144, 18146, 18145, 25974 (online), 18676 (UFO) | 1 credit

This course serves as an introduction to personal and professional development. Students engage with multiple theories of career development, practice transferable skills, cultivate professional abilities such as resume writing and interviewing, and identify the connections between these skills, themselves, and industries of interest.

SLS1006 - Global Pathways

Class # 20208 (online), 20209 (UFO), 25979 | 1 credit

Prepares students for study abroad and other international experiences. Identifies program and funding opportunities that meet student interests and goals. Cultivates intercultural competencies. Facilitates design of globalized program of study that integrates personal, academic, and professional development. Appropriate for students in Liberal Arts and Sciences who have not studied abroad.

IHS1100 - Introduction to the Pre-Health Process

Class # 19581, 25983, 25984, 24113 | 1 credit

This course will provide guidance on how students can prepare to be a healthcare professional and apply to health graduate programs. It will also introduce students to current topics in healthcare in a holistic, mind=body-spirit context including exploration of the patient/family experience, and one's self as related to healthcare issues and topics. The use of the word 'medicine' in this course is all encompassing to include all healthcare professionals.

IDS1054 - Introduction to Research in the Liberal Arts and Sciences

Class # 20210, 20211 | 1 credit

Helps students understand diverse approaches to research across the Liberal Arts and Sciences, find research opportunities, and build skills. Topics include formulating research questions, cultivating relationships with faculty, and writing successful proposals. Students also engage with research and researchers in the humanities, social sciences, and natural and physical sciences through site visits and Q&A sessions.

IHS4930 - Introduction to the Pre-Law Process

Class #25964 | 3 credits

This course is for freshmen, sophomore, or new transfer students interested in pursuing admission to law school. This course provides information for students to begin personal and professional development in preparation for application to law professional programs. Students are introduced to topics related to holistic preparation including academic and extra-curricular engagement, along with intense self-reflection of strengths, values, and areas of growth.



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IDS4930 - Industry Insights: Legal Professions

Class #27135 | 3 credits

Industry Insights: Legal Professions is an immersive, interdisciplinary pre-law course designed to provide undergraduate students with an in-depth understanding of the diverse career opportunities within the legal field and the management strategies employed by private legal firms. The course will cover a range of topics, including but not limited to, the structure of law firms, legal specializations, client relations, firm management, and emerging trends in the legal industry. Students will engage in discussions about the various paths available within law, from litigation to corporate counsel, and will learn about the business side of legal practice, including marketing, finance, and firm culture.

IDS4930 - Introduction to Health Humanities

Class #26462 | 2 credits

This class explores the scope and function of the growing field known as health humanities. It examines how this field of study can, among other things, promote understanding of experiences of health and illness, the human experience, how societies process the world shattering impact of new infectious disease, and how the humanities are increasingly used in healthcare to enhance provider well being and compassion, communication and other clinical skills.

IHS4930 - Introduction to Financial Literacy

Class #27452 | 1 credit

This course focuses on the key concepts, tools, and techniques of contemporary personal finance. It addresses financial problems as results of poor management rather than lack of money. Students will explore the importance of the time value of money and saving, the correct use of credit and credit cards, and the establishment of financial goals. Practical strategies to reduce the costs of automobile and life insurance, purchase an automobile, and evaluate rent versus purchase of a house will be discussed.

IHS3935 - Human Dimensions in Health

Class #23299 | 3 credits

This course is intended for students pursuing admission to pre-health professional graduate schools. Through the use of the humanities, social sciences, multi-media, case studies, guest speakers and discussion, this course will introduce students to a variety of healthcare topics and issues. In a holistic context, this course distinguishes characteristics of healthcare professions, articulates components of patient/family experiences, and identifies one's strengths and challenges.

SLS3226 - The Art of Adulting

Class # 19096 | 1 credit

What does it mean to come of age as a young professional in today's society? How do characteristics, challenges, perspectives, and responsibilities change as today's students enter adulthood? This course explores these questions by grounding the contemporary concept of "adulting" in the Liberal Arts and Sciences. Students will engage with mythology, media, and historical perspectives to examine time management, personal finance, career development, civic participation, and other challenging but crucial elements of contemporary adult life.

SLS3342 - Strategic Self Marketing in the Liberal Arts and Sciences

Class #23684 | 1 credit

This course will assist students in the process of becoming a more confident and competitive professional. By the end of this course, students will be able to understand the process of influencing and motivating others, identify successful leadership and management strategies, understand the principles of brand identity, and develop situational and cultural awareness in the workplace.

