

Beyond120 Fall 2025

Professional Development Coursework

These courses focus on different aspects of professional development and are available to all students with a major in the College of Liberal Arts and Sciences.

SLS1409 - Professional Pathways in the Liberal Arts and Sciences

Class # 18144, 18146, 18145, 25974 (online), 18676 (UFO) | 1 credit

This course serves as an introduction to personal and professional development. Students engage with multiple theories of career development, practice transferable skills, cultivate professional abilities such as resume writing and interviewing, and identify the connections between these skills, themselves, and industries of interest.

SLS1006 - Global Pathways

Class # 20208 (online), 20209 (UFO), 25979 | 1 credit

This course serves as an introduction to personal and professional development. Students engage with multiple theories of career development, practice transferable skills, cultivate professional abilities such as resume writing and interviewing, and identify the connections between these skills, themselves, and industries of interest.

IHS1100 - Introduction to the Pre-Health Process

Class # 19581, 25983, 25984, 24113 | 1 credit

This course will provide guidance on how students can prepare to be a healthcare professional and apply to health graduate programs. It will also introduce students to current topics in healthcare in a holistic, mind=body-spirit context including exploration of the patient/family experience, and one's self as related to healthcare issues and topics. The use of the word 'medicine' in this course is all encompassing to include all healthcare professionals.

IDS1054 - Introduction to Research in the Liberal Arts and Sciences

Class # 20210, 20211 | 1 credit

This course will help students acquire research skills and access research opportunities. Topics covered will include formulating research questions, evaluating sources, accessing university resources, cultivating professional relationships with faculty, presenting at conferences, and drafting project proposals. Students will also engage with the wider research community at UF through visits to archives and special collections, laboratory tours, and conversations with faculty guest speakers and experienced undergraduate researchers.

IHS4930 - Introduction to the Pre-Law Process

Class #25964 | 3 credits

This course is for freshmen, sophomore, or new transfer students interested in pursuing admission to law school. This course provides information for students to begin personal and professional development in preparation for application to law professional programs. Students are introduced to topics related to holistic preparation including academic and extra-curricular engagement, along with intense self-reflection of strengths, values, and areas of growth.

IHS4930 - Introduction to Health Humanities

Class #26462 | 2 credits

This class explores the scope and function of the growing field known as health humanities. It examines how this field of study can, among other things, promote understanding of experiences of health and illness, the human experience, how societies process the world shattering impact of new infectious disease, and how the humanities are increasingly used in healthcare to enhance provider well being and compassion, communication and other clinical skills.



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IDS4930 - College Beyond Campus: Town and Gown Relations in Action

Class # 25973 | 1 credit

This course invites students to learn about college beyond campus: the historical context, ongoing challenges, and potential of “town and gown” relations between communities and nearby institutions of higher education, with a focus on Gainesville and the University of Florida. By incorporating new ideas and perspectives through discussions, lectures, case studies, and conversations with guest speakers, this course will encourage students to critically understand their role as neighbors and active citizens. At the end of the course, students will have developed the skills to identify and contribute to more collaborative community-engaged approaches in their academic, personal, and professional lives

SLS3226 - The Art of Adulthood

Class # 19096 | 1 credit

What does it mean to come of age as a young professional in today’s society? How do characteristics, challenges, perspectives, and responsibilities change as today’s students enter adulthood? This course explores these questions by grounding the contemporary concept of “adulthood” in the Liberal Arts and Sciences. Students will engage with mythology, media, and historical perspectives to examine time management, personal finance, career development, civic participation, and other challenging but crucial elements of contemporary adult life.

IDS4930 - Grad School 101

Class #23691 | 1 credit

This course is designed for anyone who is thinking about graduate school in the future and would like to enhance their preparation and make a more informed decision. The course provides an opportunity to gain a better understanding of graduate programs, plan ahead, and reflect on whether graduate school is the right path for you. Students will learn about the graduate school application process, different types of graduate programs, the day-to-day life of graduate students, and how to effectively prepare for a future in graduate study today.

IDS4930 - Industry Insights

Class #27135 | 3 credits

Industry Insights: Legal Professions is an immersive, interdisciplinary pre-law course designed to provide undergraduate students with an in-depth understanding of the diverse career opportunities within the legal field and the management strategies employed by private legal firms. The course will cover a range of topics, including but not limited to, the structure of law firms, legal specializations, client relations, firm management, and emerging trends in the legal industry. Students will engage in discussions about the various paths available within law, from litigation to corporate counsel, and will learn about the business side of legal practice, including marketing, finance, and firm culture.

IDS4930 - Strategic Self Marketing in the Liberal Arts and Sciences

Class #23684 | 1 credit

This course will assist students in the process of becoming a more confident and competitive professional. By the end of this course, students will be able to understand the process of influencing and motivating others, identify successful leadership and management strategies, understand the principles of brand identity, and develop situational and cultural awareness in the workplace.

IHS3935 - Human Dimensions in Health

Class #23299 | 3 credits

This course is intended for students pursuing admission to pre-health professional graduate schools. Through the use of the humanities, social sciences, multi-media, case studies, guest speakers and discussion, this course will introduce students to a variety of healthcare topics and issues. In a holistic context, this course distinguishes characteristics of healthcare professions, articulates components of patient/family experiences, and identifies one’s strengths and challenges.

